

Breads / Starters

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| La Vela Shared Plate | cold meats, olives, bocconcini, Italian sausage & mini arancini | | 24 |
| Continental Bread | With butter, olive oil and balsamic vinegar | | 8 |
| Garlic Bread | crusty continental bread with garlic butter | 2 slices 4 <u>OR</u> 4 slices | 8 |
| | | Gluten Free 2 slices | 5 |
| Bruschetta al Pomodoro | traditional topping & shaved parmesan... | | 1250 |
| Mini Arancini | 6 Hand rolled crumbed and fried risotto balls | | 9 |
| Olives | Marinated Green & black olives served warm | | 7 |
| Italian Sausage | lightly grilled spicy Italian sausage | | 8 |
| Arancini Balls | 2 rice balls stuffed with mozzarella on Bolognese sauce & parmesan, drizzled with olive oil | | 17 |
| Insalata | Italian salad, cucumber, red onion, tomato, bocconcini, olives, basil on Mixed leaves with a white balsamic vinegar | | 12 |
| Seafood | | ENTRÉE | MAIN |
| Calamari | lightly crumbed or grilled on a cherry tomato, cucumber & red onion salad White Balsamic dressing & tartar sauce | 18 | 28 |
| Garlic Prawns | Prawns cooked in garlic butter served in a sizzling pot served with a slice of Italian bread | 21 | |
| Chilli Mussels | cooked in a rich tomato & chilli sauce Served with 2 slices of garlic bread | | 2450 |
| Grilled Fish of the Day | chips, salad and lemon sauce | 24 | 37 |
| Grilled Fish Of The Day | served with sweet potato & broccolini | 24 | 37 |

| PASTA | | ENTRÉE | MAIN |
|---|--|-------------------|-------------|
| Lasagne | Traditional homemade lasagne with ham & Boiled egg and garden salad | | 25 |
| Spaghetti Bolognese | Traditional spaghetti Bolognese | | 23 |
| Spaghetti Aglio Olio | Spaghetti served with chilli, garlic, parsley & olive oil | | 18 |
| | | Add Prawns | 28 |
| Spaghetti Carbonara | Spaghetti served with smoked bacon, White wine, eggs, pepper, parmigiana & cream sauce | | 24 |
| Spaghetti Marinara | Spaghetti with mixed seafood & Napolitano sauce | 22 | 32 |
| Rigatoni Arrabiata | Rigatoni pasta served with hot Italian sausage, Napolitano sauce, olives, garlic & basil | | 26 |
| Tortellini alla Pana | Tortellini served with bacon, mushroom, Parmigiano & cream sauce, topped with Truffle oil | 18 | 2750 |
| Fettuccini Alfredo | Fettuccini served with diced chicken , mushrooms, Bacon, in your choice of tomato or cream sauce | 18 | 2750 |
| Gnocchi Portofino | Homemade potato dumplings served with spinach, prawns, tomato & cream sauce | | 30 |
| Gnocchi Alla Pollo | diced chicken, mushrooms with tomato & basil sauce , broccolini & Parmesan | | 2750 |
| Gnocchi Napolitano (V) | Home made potato dumplings served in Napolitano sauce | | 22 |
| Vegetarian | | | |
| Eggplant Parmigiano (V) | Filled with Napolitano sauce & bocconcini, zucchini, mushroom, spinach & sun-dried tomato pesto served with salad | | 26 |
| Fettuccine Romano (V) | fettuccine served with mushrooms, zucchini, eggplant & cherry tomatoes in tomato & basil sauce | | 26 |
| Spinach & Ricotta Cannelloni (V) | in tomato & basil sauce & topped with crumbled feta | | 24 |

Chicken

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| Chicken Parmigiano | Topped with sliced tomato, prosciutto, & napolitana sauce & melted bocconcini cheese | 30 |
| Chicken Breast Lugano (GF) | cooked in white wine with prawns, mushroom & garlic cream sauce | 3450 |
| Polla alla Vela (Half chicken) | marinated in vinegar, wine, herbs, garlic & spices served on a sizzling plate | 31 |
| Chicken Diavoletto (Half Chicken) | marinated and grilled in chilli, olives, tomato, herbs & capsicum | 32 |
| Chicken Scaloppini (GF) | Chicken tenderloins cooked in mushroom & sweet Marsala sauce | 2950 |
| Pepper Chicken Breast (GF) | Cooked With Green peppercorns, mustard, brandy & Cream sauce | 31 |

MEAT

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| Beef Fillet 280gm | Choice of Pepper or Mushroom Sauce | 3850 |
| | Add Prawns | 5 |
| Scaloppine Marsala (GF) | cooked with prosciutto , mushroom & a sweet Marsala sauce | 32 |
| Scaloppine Capriccioso (GF) | cooked in tomato, chilli, garlic & herb sauce | 31 |
| Scaloppine alla Crema (GF) | cooked in white wine, cream & mushroom sauce | 31 |
| Braised Lamb Shank (GF) | served with sweet potato mash, green beans & balsamic reduction | 34 |

Some main meals are served with vegetables Or salad & potatoes in rosemary sea salt

Extras

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| Chips | served with garlic aioli | 8 |
| Side vegetables | | 8 |
| Garden Salad | | 8 |
| Rosemary Potatoes | | 8 |